



# Voices of Recovery, San Mateo County

## Monthly E-Bulletin

### Supporting Lifestyles Free From Addiction

JANUARY 2012

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### Updates from our Director

I cannot start the New Year without thanking the many, many people who supported VORSMC up to and including 2011. We saw unprecedented growth and reached many important (and incredible) milestones. Our Board of Directors, volunteers and partners are the life blood and spirit of the many positive changes and accomplishments of VORSMC and San Mateo County's recovery community.

Our volunteers have built and sustained a successful and well-attended WRAP group, and our Center has developed a warm and welcoming environment. We're beginning new programs and services and increasing staffing. I personally feel Blessed and Honored to work with so many inspirational and gifted people.

Also, thanks in large part to your efforts, VORSMC has received national attention, and I have been invited to serve on SAMHSA's National Recovery Month Planning Committee. I will be traveling to Washington, DC this month for the first meeting. I look forward to taking that opportunity to learn ways to continue our growth and development, building resources for our communities ... and sharing with others regarding the fantastic work that is being accomplished in our communities through your efforts. - Raymond Mills, VORSMC Executive Director

### Updates from our Committees

The **Media and Advocacy Committee** launches VORSMC's first monthly E-Bulletin with this issue! Website updates include SAMHSA's Definition and Dimensions of Recovery and a link to their Recovery Happens 2011 video.

The **Center Committee** finalized our **Friday Night Social** event schedule for the first quarter of 2012:

### Committee Meeting Schedule

The **Media and Advisory Committee** meets on the last Thursday of each month at 4:30PM

The **Advisory Committee** meets on the last Thursday of each month at 5:30PM

The **Center Committee** meets every Tuesday at 5:00PM

**All meetings are held at our offices, are open to the public, and everyone is invited to join us.**

### Committee Member of the Month

**Our January 2012 Committee Member of the Month is Michael Buck!** Michael is one of Voices' WRAP facilitators and has lent his time and energy to Voices' growth and development for several years.

Congratulations and Thank You, Michael!



"Supporting Lifestyles Free From Addiction."

### Programs and Services Spotlight

1. *Wellness Recovery Action Plan (WRAP) Group*
2. *Community Realignment*
3. *Total Wellness*

## VORSMC Friday Night Social Events Schedule

1. January 17, 2012, 6PM to 8:00PM – Fight – Cards, dominoes, food, Famous Boxers Video and FUN
2. February
3. March

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**We're on the Web!**

[www.voicesofrecovery-sm.org](http://www.voicesofrecovery-sm.org)

## Event Schedule

Our **Wellness Recovery Action Plan (WRAP) Group** meets every Tuesday from 6:00PM to 8:00PM and is open to the public. All are invited to join us.

Our **Friday Night Social** event is the last Friday of each month from 6:00PM to 8:00PM. Voices recognizes the importance of Social Networking, building Support Systems and having FUN for people in recovery. The November and December Friday Night Social Events were great, so Save the Date and join us! Get your Game on!

## Organizational News

The **VORSMC Board of Directors** has openings for Board Members. Please consider joining our current talented and dedicated Board Members, and sharing this opportunity with your friends and colleagues. Contact us for more information and applications.

## We're Planning a Fundraiser!



Planning for a fundraiser is underway! We're very excited to have been offered expert assistance and support to plan a fundraiser to support our community outreach efforts. Stay tuned for more details!

## Staffing and Volunteer Updates

VORSMC is recruiting for several Part-Time positions for organizational administrative support and programs. Please share this opportunity with others. Contact us for more information and applications.

## Web links

Voices of Recovery, San Mateo County: [www.voicesofrecovery-sm.org](http://www.voicesofrecovery-sm.org)

Like us on Facebook! [www.facebook.com/Voices-of-Recovery-San-Mateo](http://www.facebook.com/Voices-of-Recovery-San-Mateo)

## Recovery Happens 2012

VORSMC participates on the San Mateo County Recovery Community's annual Recovery Happens Planning Committee.

Planning for the September 2012 Celebrations are under way and members are encouraged to join us in supporting this incredible celebration of recovery.

The January Planning Committee meeting is on January 17, 2012 at 12 noon at 310 Harbor Blvd, Belmont, CA. Contact us for the number to conference in and future Planning Meeting schedules.

Here's the link to SAMHSA's Recovery Month 2011 video: <http://www.recoverymonth.gov/Resources-Catalog/2011/Webcast/11-Showcase-of-Events.aspx> We're in it!

VORSMC provides community educational and recovery support services. It is a recovery community organization that offers peer-to-peer recovery guidance and volunteer opportunities to the recovery community. Individuals and organizations are invited to join and partner with Voices of Recovery as it grows.

Members of the public and recovery community are encouraged to contribute their voices and expertise as we develop programs, partnerships and infrastructure.